## **PEACE**

Please speak with kindness to the children, model care and consideration
Empathize if you can, reflecting back what you hear is happening for them in their world
Acknowledge and make space for the fullness of their experience, and all their feelings and needs
Care for yourself, your needs, care for others, care for the animals and the earth, care for the children and then
Everything will slowly shift, for the very essence of life is change and they are it - human consciousness evolving



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July '17 - from 7 Poems, 7 Days online course with Dante Jericho - www.dantejericho.com – image from Pixabay

